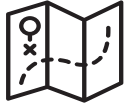




MY GOSPEL STANDARDS



I will follow Heavenly Father's plan for me.



I will remember my baptismal covenant and listen to the Holy Ghost.



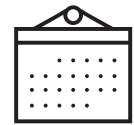
I will choose the right. I know I can repent when I make a mistake.



I will be honest with Heavenly Father, others, and myself.



I will use the names of Heavenly Father and Jesus Christ reverently. I will not swear or use crude words.



I will do those things on the Sabbath that will help me feel close to Heavenly Father and Jesus Christ.



I will honor my parents and do my part to strengthen my family.



I will keep my mind and body sacred and pure, and I will not partake of things that are harmful to me.



I will dress modestly to show respect for Heavenly Father and myself.



I will only read and watch things that are pleasing to Heavenly Father.



I will only listen to music that is pleasing to Heavenly Father.



I will seek good friends and treat others kindly.



I will live now to be worthy to go to the temple and do my part to have an eternal family.

I AM A CHILD OF GOD

I know Heavenly Father loves me, and I love Him. I can pray to Heavenly Father anytime, anywhere. I am trying to remember and follow Jesus Christ.