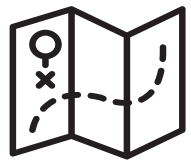




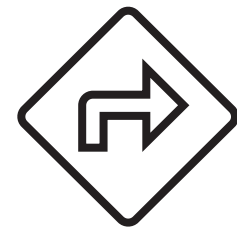
# MY GOSPEL STANDARDS



I will follow  
Heavenly Father's  
plan for me.



I will remember my  
baptismal covenant  
and listen to the  
Holy Ghost.



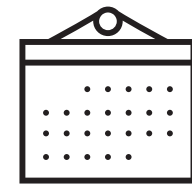
I will choose the right.  
I know I can repent  
when I make a mistake.



I will be honest with  
Heavenly Father,  
others, and myself.



I will use the names of  
Heavenly Father and  
Jesus Christ reverently.  
I will not swear or  
use crude words.



I will do those things  
on the Sabbath that will  
help me feel close to  
Heavenly Father  
and Jesus Christ.



I will honor my parents  
and do my part to  
strengthen my family.



I will keep my mind and  
body sacred and pure,  
and I will not partake of  
things that are  
harmful to me.



I will dress modestly to  
show respect for  
Heavenly Father  
and myself.



I will only read and  
watch things that are  
pleasing to  
Heavenly Father.



I will only listen to  
music that is pleasing  
to Heavenly Father.



I will seek  
good friends and  
treat others kindly.



I will live now to be  
worthy to go to the  
temple and do my part to  
have an eternal family.

## I AM A CHILD OF GOD

I know Heavenly Father loves me, and I love Him.  
I can pray to Heavenly Father anytime, anywhere.  
I am trying to remember and follow Jesus Christ.